

**St Margaret of Antioch, Ilford**  
**Weekly News Sheet**  
**Sunday 7<sup>th</sup> of July 2024**  
**Sixth Sunday After Trinity**



We hope you enjoy worshipping with us or visiting us. If you are here for the first time or visiting from another church, please introduce yourself. You will find all your need for the service using this sheet, the service booklet and the hymn book. The hymns are on the board at the front or will be announced.

**Keep in touch with us by visiting:**

**Our website:** [stmargaretilford.org.uk](http://stmargaretilford.org.uk)

**X :** @StMargaretIG1

**Facebook:** [facebook.com/StMargaretIG1/](https://facebook.com/StMargaretIG1/)

**Instagram :** @stmargaret\_ilford\_ig1

**Parish contact details:** [stmargaretig1@gmail.com](mailto:stmargaretig1@gmail.com) 07762 163849

**Churchwardens:** Krystyna Retecka 07514 718672 Helen Cansick 07903 813131

**Worship and Intercessions**

**THIS MORNING**

**Welcome Team:**

Dorish Thason

**Mass setting:** Thorne

**Cantor:** Janet

**Readers:** Ann Rotondaro & Theodora  
Acolatse

**Intercessions:** Vijin Paulraj

**Eucharistic minister:** Jannis

**NEXT SUNDAY**

Feast of St. Margaret

10.30am Parish Eucharist

**HYMNS FOR TODAY:**

413, 161, 716, 573

**WE PRAY THIS WEEK FOR:**

The sick and those in need:

Geoff Allen, Delrose Berry, Francis  
Chitolie, Archdeacon Elwin Cockett,  
Fizza and her family, Anne Fox, Lenore  
Hinds, Jenifer Motley, Margaret  
Quinney, Keethan Ranjan Ponuthurai,  
Janet Potter, Amol Rego, Caroline  
Campbell, Shruti Sriram, Nathalie  
Wallace, Kathy Wicks.

**The recently departed:** Cynthia  
Bryant, Pat Austin, Bill Ritson

**Those whose anniversaries of death  
fall this week:** Elena Cofariu, Matilda  
Hill, Stanley Overton, Jean Butler, Kate  
Eggington, Oswald Chapman, Charlotte  
Lovering, Louis Myers, Frances  
Dickerson.

## Collect

Merciful God, you have prepared for those who love you such good things as pass our understanding: pour into our hearts such love toward you that we, loving you in all things and above all things, may obtain your promises, which exceed all that we can desire; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

## First Reading: Ezekiel 2:1-5

He said to me: “O mortal, stand up on your feet, and I will speak with you.”<sup>2</sup> And when he spoke to me, a spirit entered into me and set me on my feet, and I heard him speaking to me.<sup>3</sup> He said to me, “Mortal, I am sending you to the people of Israel, to a nation of rebels who have rebelled against me; they and their ancestors have transgressed against me to this very day.<sup>4</sup> The descendants are impudent and stubborn. I am sending you to them, and you shall say to them, ‘Thus says the Lord God.’<sup>5</sup> Whether they hear or refuse to hear (for they are a rebellious house), they shall know that there has been a prophet among them.

## Psalm 91

**R: It is good to give you thanks, O Lord, to give you thanks, O Lord.**

It is good to give thanks to the Lord  
to make music to your name, O Most High,  
to proclaim your love in the morning  
and your truth in the watches of the night. **R**

The just will flourish like the palm-tree  
and grow like a Lebanon cedar.  
Planted in the house of the Lord  
they will flourish in the courts of our God. **R**

Still bearing fruit when they are old,  
still full of sap, still green,  
they will proclaim that the Lord is just.  
In him, my rock, there is no wrong. **R**

## Second Reading: 2 Corinthians 12:2-10

<sup>2</sup>I know a person in Christ who fourteen years ago was caught up to the third heaven—whether in the body or out of the body I do not know; God knows.<sup>3</sup> And I know that such a person—whether in the body or out of the body I do not know; God knows—<sup>4</sup> was caught up into paradise and heard things that are not to be told, that no mortal is permitted to repeat.<sup>5</sup> On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses.<sup>6</sup> But if I wish to boast, I will not be a fool, for I will be speaking the truth. But I refrain from it, so that no one may think better of me than what is seen in me or heard from me,<sup>7</sup> even considering the

exceptional character of the revelations. Therefore, to keep me from being too elated, a thorn was given me in the flesh, a messenger of Satan to torment me, to keep me from being too elated. <sup>8</sup> Three times I appealed to the Lord about this, that it would leave me, <sup>9</sup> but he said to me, “My grace is sufficient for you, for power is made perfect in weakness.” So I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. <sup>10</sup> Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ, for whenever I am weak, then I am strong.

### **Gospel acclamation**

Alleluia ....

Open our hearts, O Lord,  
To accept the words of your Son.

Alleluia ....

**Gospel Reading:** Mark 6:1-13

**Communion song:** Beauty for Brokenness.

### **Post Communion Prayer**

God of our pilgrimage, you have led us to the living water: refresh and sustain us as we go forward on our journey, in the name of Jesus Christ our Lord. **Amen.**

**Recessional:** Was Gott thot das ist Wohlgetan, F. W. Marpurg.



## News and Notices for this week

We welcome to St Margaret's today Father Christopher Owens to preside and preach at the Parish Eucharist this morning. We are grateful for his time and support whilst the parish is in vacancy.

## News from the Wardens

The work to refurbish the toilets in the hall will be starting on Monday 22 July. The hall will be inaccessible for all users for the duration of the school summer holidays and will re-open on Monday 2 September.

## Tea's Company

Tea's Company: the next tea will be on Thursday 18th July from 2pm to 3.30pm. Please come along for tea or coffee and homemade cake and lots of chat. Everyone is welcome, bring your friends and make new ones. Thanks Sharon 07555 144255

## News from Father Mark

Father Mark has decided to step back for a time from helping in services. As many of you know, he has been dealing with several health issues, and, sadly, these seem to have become more difficult again recently. He will continue to do the administration work, and will be around in church. We will continue to have a range of visiting priests over the coming months until we appoint a new parish priest.

## Dates

**Sunday 14 July** - Please note the change of date! Apologies from two slightly confused church wardens. We are celebrating St Margaret's day on 14 July (not 21 July). We are planning a BBQ. If you would like to bring a salad, bread or crisps, or some dessert, could you let Krystyna know. You do not have to bring anything, but please stay and eat. We need help setting the tables in the hall (or in the garden, if the weather is fine) on that day. Everyone is welcome

**Sunday 13 October** - We are delighted to be welcoming Bishop Lynne of Barking as our guest priest on that day, so please put it in your diaries!

## Discoverers

**Sunday 21 July** will be the last Discoverers before a summer break. It will restart on Sunday 1 September. There will be colouring and activity sheets in the children's area.

## A Celebration

On **Saturday 6 July**, Marilyn How and Fr. Tom Britt will be celebrating their engagement, as well as Marilyn's 40th birthday. They would like to invite members of the congregation to celebrate with them in the church hall from 6.30pm for a buffet and some celebration drinks. Children are very welcome.

**Weekly News Sheet** - If you have notices, news and other items for inclusion in the WNS please email [stmargaretig1@gmail.com](mailto:stmargaretig1@gmail.com), or speak to Helen Cansick, Krystyna Retecka or Fr Mark.