

St Margaret of Antioch, Ilford
Weekly News Sheet
Sunday 6th of October
19th Sunday After Trinity



We hope you enjoy worshipping with us or visiting us. If you are here for the first time or visiting from another church, please introduce yourself. You will find all your need for the service using this sheet, the service booklet and the hymn book. The hymns are on the board at the front or will be announced.

Keep in touch with us by visiting:

Our website: stmargaretilford.org.uk

X : @StMargaretIG1

Facebook: facebook.com/StMargaretIG1/

Instagram : @stmargaret_ilford_ig1

Parish contact details: stmargaretig1@gmail.com 07762 163849

Churchwardens: Krystyna Retecka 07514 718672 Helen Cansick 07903 813131

Worship and Intercessions

THIS MORNING

Welcome Team: Dorish Thason

Mass setting: Murray

Cantor: Ann Rotondaro

Readers: Linnea Isen & Ludvig Isen-Edwards

Intercessions: Vijin Paulraj

Eucharistic minister: Jenny Bowen

NEXT SUNDAY

Dedication Festival

10.30am Parish Eucharist

**HYMNS FOR TODAY: 163, 359, 411,
60**

WE PRAY THIS WEEK FOR:

The sick and those in need:

Geoff Allen, Delrose Berry, Francis Chitolie, Fizza and her family, Anne Fox, Lenore Hinds, Jenifer Motley, Keethan Ranjan Ponuthurai, Janet Potter, Amol Rego, Caroline Campbell, Shruti Sriram, Nathalie Wallace, Kathy Wicks

Those whose anniversaries of death fall this week: Mary Beatrice Potter, Dennis John Tarran, Emily Aline Christie

Weekly News Sheet: If you have notices, news and other items for inclusion in the WNS please email stmargaretig1@gmail.com, or speak to Helen Cansick, Krystyna Retecka or Fr Mark.

Collect: O God, forasmuch as without you we are not able to please you; mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

First Reading: Genesis 2:18-24

Then the Lord God said, 'It is not good that the man should be alone; I will make him a helper as his partner.' So out of the ground the Lord God formed every animal of the field and every bird of the air, and brought them to the man to see what he would call them; and whatever the man called each living creature, that was its name. The man gave names to all cattle, and to the birds of the air, and to every animal of the field; but for the man there was not found a helper as his partner. So the Lord God caused a deep sleep to fall upon the man, and he slept; then he took one of his ribs and closed up its place with flesh. And the rib that the Lord God had taken from the man he made into a woman and brought her to the man. Then the man said, This at last is bone of my bones and flesh of my flesh; this one shall be called Woman, for out of Man this one was taken.' Therefore a man leaves his father and his mother and clings to his wife, and they become one flesh.

Psalm 127

R: May the Lord bless us all the days of our life.

O blessed are those who fear the Lord and walk in his ways!
By the labour of your hands you shall eat. You will be happy and prosper. **R**

Your wife like a fruitful vine
in the heart of your house;
your children like shoots of the olive, around your table. **R**

Indeed thus shall be blessed
those who fear the Lord.
May the Lord bless you from Zion
all the days of your life! **R**

Second Reading: Hebrews 1: 1-4; 2: 5-12

Long ago God spoke to our ancestors in many and various ways by the prophets, but in these last days he has spoken to us by a Son, whom he appointed heir of all things, through whom he also created the worlds. He is the reflection of God's glory and the exact imprint of God's very being, and he sustains all things by his powerful word. When he had made purification for sins, he sat down at the right

hand of the Majesty on high, having become as much superior to angels as the name he has inherited is more excellent than theirs. Now God did not subject the coming world, about which we are speaking, to angels. But someone has testified somewhere, 'What are human beings that you are mindful of them, or mortals, that you care for them? You have made them for a little while lower than the angels; you have crowned them with glory and honour, subjecting all things under their feet.' Now in subjecting all things to them, God left nothing outside their control. As it is, we do not yet see everything in subjection to them, but we do see Jesus, who for a little while was made lower than the angels, now crowned with glory and honour because of the suffering of death, so that by the grace of God he might taste death for everyone. It was fitting that God, for whom and through whom all things exist, in bringing many children to glory, should make the pioneer of their salvation perfect through sufferings. For the one who sanctifies and those who are sanctified all have one Father. For this reason Jesus is not ashamed to call them brothers and sisters, saying, 'I will proclaim your name to my brothers and sisters, in the midst of the congregation I will praise you.'

Gospel Acclamation

Alleluia

Your word is truth, O Lord, consecrate us in the truth.

Alleluia

Gospel Reading: Mark 10:2-16

Communion song: *Seek Ye First.*

Post Communion Prayer: Holy and blessed God, you have fed us with the body and blood of your Son and filled us with your Holy Spirit: may we honour you, not only with our lips but in lives dedicated to the service of Jesus Christ our Lord. **Amen.**

Recessional: *Gavotte, S. Wesley.*

News and Notices for this week

We welcome to St Margaret's today Father Tom to preside and preach at the Parish Eucharist this morning. We are grateful for his time and support whilst the parish is in vacancy.

Yours Church Needs You: Would you like to be involved with our Sunday service in a more active way? We are looking for some adults or older teenagers to act as Altar Servers. We are looking for people to join the rota for Sunday prayers (intercessions) and if you love to sing, you may also want to join the singers (cantors) who lead our singing. If you want to find out what each role entails, speak to Helen, Krystyna, Mark or Mike.

Dedication festival: Next Sunday 13th of October Parish Eucharist will be presided by Bishop Lynne. We're going to have simple lunch and refreshments afterwards in the church. Please join us!

Tea's Company

The next Tea's Company will be on Thursday 17th October from 2pm to 3.30pm 'please come along and bring friends and neighbours for tea, cake and lots of chat. Sharon 07555 144255

The Children's Society: If anyone has a Children's Society box which needs emptying, please bring it to church in the next couple of weeks and I will arrange for it to be counted and paid in. If anyone is interested in having a box for their loose change, please speak to me. Thanks, Sharon 07555 144255

Pray for peace: Vine Church is inviting everyone to join their Prayer for peace on Tuesday 15th of October, 6.30-8pm. There will be silence and prayers from different faiths. Address: Vine Community House, 1 Holstock Rd., Ilford IG1 1LG. More details about this initiative on website

<https://weekofprayerforworldpeace.co.uk/>

School Streets in Redbridge: Redbridge Council is seeking to implement traffic restrictions around schools in the morning and afternoon to protect children from dangerous driving and pollution from exhausts. One of the biggest issues to our congregation, when we have asked as part of the Citizens UK listening sessions, is the dominance and speed of traffic in our neighbourhoods. If this is something you care about, please respond to the Council's Public Consultation on School Streets for our local school, Seven Kings at <https://engage.redbridge.gov.uk/seven-kings-primary-school> The deadline is 21st of October, there is still time to complete the survey.