

News and Notices for this week

This morning

After the Eucharist today we have cakes and drinks to celebrate Bianca's 6th birthday, and Fr Stephen 34th anniversary of ordination as a priest. Please stay!

Distribution of Holy Communion

We have restored the chalice at the distribution of holy communion, Receiving holy communion in both kinds is voluntary, and will be a personal decision for each person to make. Current advice is that you must drink from the chalice and not intinct (dip) the host into the chalice.

St Margaret's Day

Our Patronal Festival (St Margaret's Day) this year will be on Sunday 17 July. Our preacher this year will be the Revd Bridget de Mello who is the Assistant Priest at our MMU sister church of St Luke, Ilford, and before ordination was a member of St Margaret's congregation. After the Eucharist, to continue our Patronal Festival celebrations this year we will be having a barbecue in the church grounds, thanks to the generous donation of a barbecue set to St Margaret's by Kathy and Paul Wicks.

Eco Tip from Eco Church - Ditch disposables.

Single-use plastic and single-use styrofoam are sourced from fossil fuels and contribute to climate change. Both materials are also known to contain carcinogens that are harmful to human health; this is particularly true when they are used for hot liquids or food, or microwaved. In a season of picnics and busyness, try to remember to 'BYOC' (Bring Your Own Container or Cutlery) for your summer snacks instead of buying disposable items. Think reusable lunch boxes or beeswax wraps. Glass jars are another good option as they are non-toxic, don't hold on to grease or food smells, and can hold liquids well too (but do mind their temperature with hot liquids).



Newbury Ward Faith Engagement with the police

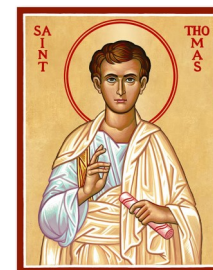
The Metropolitan Police are looking for people to join the Newbury Ward Panel. It meets four times a year, and the next meeting is on Saturday 17 September at 11am at Barkingside Police Station. It is an opportunity to discuss local issues relating to policing, raise issues of concern, learn about crime statistics etc. If you are interested contact mark.A.Jackson@met.police.uk

St Margaret of Antioch, Ilford

Weekly News Sheet

Sunday 3 July 2022

St Thomas the Apostle



Welcome to St Margaret's Church

We hope you enjoy worshipping with us or visiting us. If you are here for the first time please or visiting from another church, please introduce yourself.

Keep in touch with us by visiting our web site: stmargaretilford.org.uk

Twitter: @StMargaretIG1

Facebook: facebook.com/StMargaretIG1/

Instagram : @stmargaret_ilford_ig1.

Parish Priest: Fr Stephen Pugh stmargaretig1@gmail.com 020 8554 7542

Churchwardens: Charles Acolatse 07946 221813 Helen Cansick 07903 813131

Worship & Intercessions

THIS MORNING

Welcome Team: Theodora Acolatse

Mass setting:

Mass of St Thomas - David Thorne

Cantor: Terry English

Readers:

Yvonne Thomas and Latisha Adelekan

Intercessions led by Helen Cansick

Eucharistic minister:

Sharon Daughters

THIS WEEK

No midweek Eucharist this week

NEXT SUNDAY

FIFTEENTH SUNDAY

IN ORDINARY TIME

10.30am Parish Eucharist

WE PRAY THIS WEEK FOR:

The sick and those in need:

Loraine Arnold, Delrose Berry, Tina Bird and her family, Peter Cansick, Francis Chitolie, Fizza and her family, Anne Fox, Lenore Hinds, Gill King, Karen Lahiff, Jennifer Mottley and her family, Joergen Nielsen, Janet Potter, Chun Wah Chan, Chung Yau Tai, Rosa Suspiro, Wagner Tavares, Christobel Trumpet

The recently departed:

including, Zara Aleena

Those whose anniversaries of death fall this week:

4th: Phyl Green

5th: Tim Theakston, Stella Masilamoni,

Elsie Seaton

6th: Grace Noble, Anthony Wood

7th: Matilda Hill, Stanley Overton, Jean Butler

9th: Kate Eggington

Collect

Almighty God,
as we honour the feast of Saint Thomas the Apostle,
let his example strengthen our faith,
that we also may acknowledge
Jesus Christ as our Lord and God,
and, believing, may have life in his name;
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen.

First Reading: Habakkuk 2: 1-4

I will stand at my watch-post, and station myself on the rampart; I will keep watch to see what he will say to me, and what he will answer concerning my complaint. Then the LORD answered me and said: Write the vision; make it plain on tablets, so that a runner may read it. For there is still a vision for the appointed time; it speaks of the end, and does not lie. If it seems to tarry, wait for it; it will surely come, it will not delay. Look at the proud! Their spirit is not right in them, but the righteous live by their faith.

Psalm 31

R: Be a rock of refuge for me, O Lord

In you, O Lord, I take refuge.
Let me never be put to shame.
In your justice, set me free,
hear me and speedily rescue me. **R**

Be a rock of refuge to me,
a mighty stronghold to save me,
for you are my rock, my stronghold.
For your name's sake, lead me and guide me. **R**

Let your face shine on your servant.
Save me in your love.
Be strong, let your heart take courage,
all who hope in the Lord. **R**

Second Reading: Ephesians 2: 19-22

You are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. In him the whole structure is joined together and grows into a holy temple in the Lord; in whom you also are built together spiritually into a dwelling-place for God.

Gospel acclamation

Alleluia!

If anyone loves me they will keep my word,
and my Father will
love them and we shall come to them.

Alleluia!

Gospel Reading: St John 20: 24-29

Prayer over the Gifts

Lord God,
on the feast of Saint Thomas
we celebrate the sacrifice of praise.
Hear our prayers
and protect the gifts of grace
you have bestowed upon your people.
This we ask through Christ our Lord.
Amen.

Communion Song: We walk by faith

Words by Henry Alford; words by Marty Haugen

*We walk by faith and not by sight
No gracious words we hear
Of Him who as none e'er spoke
Yet we believe Him near*

*We may not touch His hands and side
Or follow where He trod
Yet in His promise we rejoice
And cry "My Lord and God"*

*Help then, oh Lord, our unbelief
And may our faith abound
To call on you when you are near
And seek where you are found*

*That when our life of faith is done
In realms of clearer light
We may behold you as you are
In full and endless sight*

*We walk and not by sight
No gracious words we hear
Of Him who spoke as none e'er spoke
Yet we believe Him near*

Post Communion Prayer

Grant, O God,
that as in this sacrament
we receive the body of Christ your Son,
so by our lives and conduct
we may acknowledge him as God,
whom now, like Thomas,
we know by faith.
We ask this through Christ our Lord.
Amen.

Exit music:

Prelude and Fugue in F - J S Bach